



# **PPIP** *Put Prevention Into Practice*

## **THE NEED**

Clinical preventive services can reduce the negative health consequences of health risk factors by providing counseling to reduce risks, screening for disease detection, and offering immunization and chemoprophylaxis to prevent disease.

There are, however, barriers to effectively delivering such services:

- ☐ Confusion over preventive services guidelines
- ☐ Financial constraints
- ☐ Organizational constraints
- ☐ Provider and patient education and attitudes

The military health system is not currently oriented towards prevention and wellness, and there is no systematic way to deliver or assess the impact of such services.

## **PPIP: A “PRACTICAL” APPROACH**

***Put Prevention Into Practice*** is a proven set of tools and strategies that will enhance service delivery and tracking.

**PPIP** materials are targeted at those who can benefit from them most — patients, providers, and facility office personnel. The “tool kit” includes:

- ☒ A **Personal Health Guide**, which provides 32 pages of wellness and health promotion information, published in adult and children’s versions
- ☒ The **Clinician’s Handbook**, containing 200 pages of material geared to practical, clinically oriented preventive medicine

- ☒ **Prevention aids**, which include chart stickers and flowsheets, reminder post-cards, exam room charts, waiting room posters, and prevention prescription pads.

**PPIP** was originally developed by the US Public Health Service, and is being used by federal and state health agencies, private insurers, health maintenance organizations, and others. It is endorsed by the Assistant Secretary of Defense (Health Affairs) and the Service surgeons general.

OPHSA developed for the Air Force a Service-specific implementation guide, an instructional videotape, and Service-compatible flowsheets, which have been distributed to all Air Force medical treatment facilities. Other Services have also benefited from the guide.

## **WITH POSITIVE RESULTS**

The Air Force implementation of **PPIP** will benefit the military health services system:

- **Improving medical care** by increasing provider and patient participation in appropriate preventive care
- **Supporting TRICARE marketing and metrics requirements** by adding benefits and gathering data required for established Air Force and DoD standards
- **Promoting the prevention/wellness orientation** of the military medical system by increasing fighting-force readiness, enhancing wellness for all beneficiaries, and producing direct and indirect cost savings for the total military
- **Helping automate prevention efforts** by acting as executive agent for the prevention module in the Composite Health Care System (CHCS), and realizing the efficiencies available through automated data processing